Lap Lane Availability

Competition Pool (50m) 09/11/26 – 15/11/26

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.30am – 6am	4x50m	4x50m	4x50m	4x50m	4x50m	Venue CLOSED	
6am – 7am	4x50m	4x50m	4x50m	4x50m	4x50m		
7am – 8am	4x50m	4x50m	4x50m	4x50m	4x50m	7x25m	7x50m
8am – 8:30am	5x50m	7x50m	7x50m	6x50m	7x50m	7x25m	7x50m
8:30am – 9:30am	7x50m	7x50m	7x50m	6x50m	7x50m	4x25m	5x50m
9:30am-10:30am	7x50m	7x50m	7x50m	7x50m	7x50m	2x25m	5x50m
10:30am-11am	7x50m	7x50m	7x50m	7x50m	7x50m	2x25m	5x50m
11am-12pm	7x50m	7x50m	7x50m	7x50m	7x50m	4x25m	5x50m
12pm–1pm	Transition to 25m	Transition to 25m	Transition to 25m	Transition to 25m	Transition to 25m	4x25m	5x50m
1pm – 2pm	15x25m	15x25m	15x25m	15x25m	15x25m	4x25m	5x50m
2pm – 3pm	15x25m	15x25m	15x25m	15x25m	15x25m	5x25m	4x50m
3pm – 4pm	12x25m	12x25m	12x25m	12x25m	12x25m	5x25m	4x50m
4pm – 5pm	3x25m	3x25m	3x25m	3x25m	3x25m	7x25m	4x50m
5pm – 6pm	3x25m	3x25m	3x25m	3x25m	3x25m	10x25m	7x50m
6pm – 7pm	3x25m	3x25m	3x25m	3x25m	7x25m	Transition to 50m	7x50m
7pm – 8:30pm	4x25m	7x25m	7x25m	4x25m	7x25m	Venue CLOSED	
8:30pm – 9pm	Transition to 25m	Transition to 50m	Transition to 50m	Transition to 50m	7x25m		
9pm – 9.30pm	7x50m	7x50m	7x50m	7x50m	7x25m		

Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice.

Due to regular Learn to Swim programs there is no lap availability in the Program Pool between 3:15pm-7:30pm on Weekdays and no lap availability in the Program Pool between 8:15am-1:15pm on Weekends. The Competition Pool will still be available for lap swimming.

Lap Lane Availability

Program Pool (20m) 09/11/26 – 15/11/26

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.30am – 6am	3	3	3	3	3	Venue CLOSED	
6am – 7:15am	3	3	3	3	3		
7:15am–8am	3	AQUA (2x20m)	AQUA (2x20m)	3	AQUA (2x20m)	3	3
8am – 8:15am	2	3	3	3	3	3	3
8:15am -10:30am	2	2	2	2	2	GOswim No Lanes Available	
10:30am-11am	2	2	2	2	2		
11am-12pm	2	2	2	2	2		
12pm – 1pm	2	2	2	2	2		
1pm – 1:15pm	2	2	2	2	2		
1:15pm – 2pm	2	2	2	2	2	2	2
2pm – 3pm	2	2	2	2	2	2	2
3pm – 4pm	GOswim No Lanes Available					2	2
4pm – 5pm						2	2
5pm – 6pm						2	2
6pm – 7pm						2	2
7pm – 7:30pm	1	1	1	1	1	Venue CLOSED	
7:30pm-8:30pm	2	2	2	2	2		
8:30pm-9.30pm	2	2	2	2	2		

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.

This will ensure all centre users can experience the best possible visit.