

# Lap Lane Availability

## Competition Pool (50m) 10/08/26 – 16/08/26

| Time         | Mon               | Tues              | Wed               | Thurs             | Fri               | Sat                     | Sun   |
|--------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------------|-------|
| 5.30am – 6am | 4x50m             | 4x50m             | 4x50m             | 4x50m             | 4x50m             | <b>Venue<br/>CLOSED</b> |       |
| 6am – 7am    | 4x50m             | 4x50m             | 4x50m             | 4x50m             | 4x50m             |                         |       |
| 7am – 8am    | 4x50m             | 4x50m             | 4x50m             | 4x50m             | 4x50m             | 7x25m                   | 7x50m |
| 8am – 8:30am | 7x50m             | 7x50m             | 7x50m             | 6x50m             | 7x50m             | 4x25m                   | 7x50m |
| 8:30am – 9am | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 3x25m                   | 5x50m |
| 9am – 10am   | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 3x25m                   | 5x50m |
| 10am -11am   | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 7x25m                   | 5x50m |
| 11am-12pm    | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 7x25m                   | 5x50m |
| 12pm – 1pm   | Transition to 25m | Transition to 25m | Transition to 25m | Transition to 25m | Transition to 25m | 7x25m                   | 5x50m |
| 1pm – 2pm    | 15x25m            | 15x25m            | 11x25m            | 15x25m            | 11x25m            | 7x25m                   | 6x50m |
| 2pm – 3pm    | 15x25m            | 15x25m            | 15x25m            | 15x25m            | 15x25m            | 7x25m                   | 7x50m |
| 3pm – 4pm    | 7x25m             | 7x25m             | 7x25m             | 7x25m             | 7x25m             | 7x25m                   | 7x50m |
| 4pm – 5pm    | 3x25m             | 3x25m             | 3x25m             | 3x25m             | 3x25m             | 15x25m                  | 6x50m |
| 5pm – 6pm    | 3x25m             | 3x25m             | 3x25m             | 3x25m             | 3x25m             | Transition to 50m       | 7x50m |
| 6pm – 7pm    | 3x25m             | 3x25m             | 3x25m             | 3x25m             | 3x25m             | 7x50m                   | 7x50m |
| 7pm – 8:30pm | 12x25m            | 12x25m            | 12x25m            | 12x25m            | 12x25m            | <b>Venue<br/>CLOSED</b> |       |
| 8:30pm –9pm  | Transition to 50m | Transition to 50m | Transition to 50m | Transition to 50m | 12x25m            |                         |       |
| 9pm – 9.30pm | 7x50m             | 7x50m             | 7x50m             | 7x50m             | 12x25m            |                         |       |

Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice.

Due to regular Learn to Swim programs there is no lap availability in the Program Pool between 3:15pm-7:30pm on Weekdays and no lap availability in the Program Pool between 8:15am-1:15pm on Weekends. The Competition Pool will still be available for lap swimming.

# Lap Lane Availability

## Program Pool (20m) 10/08/26 – 16/08/26

| Time                | Mon                              | Tues            | Wed             | Thurs           | Fri             | Sat                              | Sun |
|---------------------|----------------------------------|-----------------|-----------------|-----------------|-----------------|----------------------------------|-----|
| 5.30am – 6am        | 3                                | 3               | 3               | 3               | 3               | Venue<br>CLOSED                  |     |
| 6am – 7:15am        | 3                                | 3               | 3               | 3               | 3               |                                  |     |
| 7:15am – 8am        | 3                                | AQUA<br>(2x20m) | AQUA<br>(1x20m) | 3               | AQUA<br>(2x20m) | 3                                | 3   |
| 8am – 8:30am        | 2                                | 3               | 3               | 3               | 3               | 3                                | 3   |
| 8:30am-<br>10:00am  | 3                                | 3               | 3               | 3               | 3               | GOswim<br><br>No Lanes Available |     |
| 10:00am-<br>10:30am | 3                                | 3               | 3               | 3               | 3               |                                  |     |
| 10:30am-<br>12:15pm | 3                                | 3               | 3               | 3               | 3               |                                  |     |
| 12:15pm – 1pm       | AQUA<br>(2x20m)                  | 2               | AQUA<br>(2x20m) | AQUA<br>(2x20m) | 2               |                                  |     |
| 1pm – 1:15pm        | 3                                | 3               | 3               | 3               | 3               |                                  |     |
| 1:15pm – 2pm        | 3                                | AQUA<br>(2x20m) | 3               | 3               | 3               | 2                                | 2   |
| 2pm – 3pm           | 3                                | 3               | 3               | 3               | 3               | 2                                | 2   |
| 3pm – 4pm           | GOswim<br><br>No Lanes Available |                 |                 |                 |                 | 2                                | 2   |
| 4pm – 5pm           |                                  |                 |                 |                 |                 | 2                                | 2   |
| 5pm – 6pm           |                                  |                 |                 |                 |                 | 2                                | 2   |
| 6pm – 7pm           |                                  |                 |                 |                 |                 | 2                                | 2   |
| 7pm – 7:45pm        | 1                                | 1               | 1               | 1               | 1               | Venue<br>CLOSED                  |     |
| 7:45pm –<br>8:30pm  | 2                                | 2               | 2               | 2               | 2               |                                  |     |
| 8:30pm –<br>9.30pm  | 2                                | 2               | 2               | 2               | 2               |                                  |     |

### Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.

This will ensure all centre users can experience the best possible visit.