

AIR GYM

Timetable

	MON	TUES	WED	THURS	FRI	SAT	SUN
6:00AM	Air Gym Session	Air Gym Session	Air Gym Session	Air Gym Session	Air Gym Session		
8:00AM						Air Gym Session	
6:00PM		Air Gym Session		Air Gym Session			

Bring a Friend for FREE for all Air Gym sessions from 29th September to 5th October.

Book Air Gym sessions
via our Active World App
or contact reception

