

Aqua Aerobics Timetable

FEBRUARY 2026

MON	TUE	WED	THURS	FRI	SAT	SUN
						1
2 7:15 AM to 8:00 AM	3 7:30 AM to 8:15 AM	4 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	5 7:00 AM to 7:45 AM	6 7:30 AM to 8:15 AM	7	8
9 7:15 AM to 8:00 AM	10 7:30 AM to 8:15 AM	11 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	12 7:00 AM to 7:45 AM	13 7:30 AM to 8:15 AM	14	15
16 7:15 AM to 8:00 AM	17 7:30 AM to 8:15 AM	18 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	19 7:00 AM to 7:45 AM	20 7:30 AM to 8:15 AM	21	22
23 7:15 AM to 8:00 AM	24 7:30 AM to 8:15 AM	25 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	26 7:00 AM to 7:45 AM	27 7:30 AM to 8:15 AM	28	

Aqua Aerobics Timetable

MARCH 2026

MON	TUE	WED	THURS	FRI	SAT	SUN
						1
2 7:15 AM to 8:00 AM	3 7:30 AM to 8:15 AM	4 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	5 7:00 AM to 7:45 AM	6 7:30 AM to 8:15 AM	7	8
9 7:15 AM to 8:00 AM	10 7:30 AM to 8:15 AM	11 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	12 7:00 AM to 7:45 AM	13 7:30 AM to 8:15 AM	14	15
16 7:15 AM to 8:00 AM	17 7:30 AM to 8:15 AM	18 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	19 7:00 AM to 7:45 AM	20 7:30 AM to 8:15 AM	21	22
23 7:15 AM to 8:00 AM	24 7:30 AM to 8:15 AM	25 7:45 AM to 8:00 AM 12:15 PM to 1:00 PM	26 7:00 AM to 7:45 AM	27 7:30 AM to 8:15 AM	28	29