

AIR GYM

Timetable



Summer 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15am	Bootcamp	Bootcamp	Bootcamp	Bootcamp	Bootcamp		
7:15am	Discovery Session	Discovery Session	Discovery Session	Discovery Session	Discovery Session	Bootcamp	
8:15am						Discovery Session	
5:30pm							
6:00pm	Bootcamp	Bootcamp		Bootcamp	Bootcamp		
7:00pm			Bootcamp				